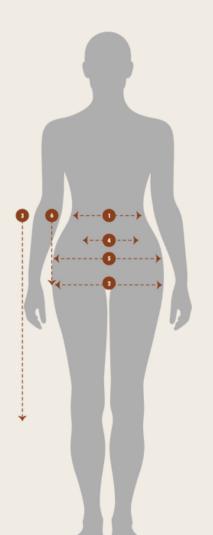
# ACME • ATELIER

SCOTLAND

### **BEFORE YOU START:**

- Don't ever measure yourself. Stand tall, with feet together & head up.
- Measure over trousers, with shoes on, remove everything from your pockets.
- Measure from the side of the body. Ensure the tape measure is straight and taught, put two fingers inside the tape
- For measurements 1, 2 and 5: measure all the way around you PLUS the front and the back half measurements individually, using the side seams of your trousers is a good guide to finding the center point.



### HOW TO MEASURE:

- 1. Waist Circumference: measure at the level of the belly button or lower if you wish to wear your kilt lower the position of the waistband of your trousers is a good guide.
- 2. <u>Hip Circumference</u>: Take the seat measurement at the widest part of the hip/bottom

## 3. Kilt Length:

For Gents: measure the length from the belly button to the center of the knee For Ladies: measure from the belly button to your desired length

## 4. Hip Width:

Ladies only: put your index fingers on each hip bone and measure between them.

## 5. Inter-hip Circumference:

Ladies only: Measure your inter-hip (approximately halfway between your waist and your seat), or the widest point of body.

### 6. Hip Level

Ladies only: Take the vertical measurement on your side, between where you took your waist measurement (1) and where you took your hip measurement (5)

ALL MEASUREMENTS MUST BE SUMBITTED WHEN PLACING YOUR ORDER

